



Behavioral Health Services

A Division of Health Care Services Agency

Tony Vartan, MSW, LCSW, BHS Director

SAN JOAQUIN COUNTY BEHAVIORAL HEALTH BOARD (BHB)

Regular Meeting

January 16, 2019, 5:00 – 7:00 P.M.

1212 N. California Street, Stockton, CA 95202

Board Members Present:

Joe Dittman
 Karen Ivy
 Cary Martin
 Tasso Kandris
 Lori Hansen
 Jeff Giampetro
 Patricia Barrett
 Cynthia Thomlison
 Supervisor Villapudua

Board Members Absent/Excused:

Mike Corsaro
 Vaunita Duval
 Frances Hernandez
 Daphne Shaw
 Mudalodu Vasudevan

Also Present:

Frances Hutchins, Assistant Behavioral Health Director
 Isabel Espinosa, Office Secretary

Guests:

Curtis Johnson, Power n' Support Team
 Walter Clay, Power n' Support Team
 Garla Porter
 Gertie Kandris
 Edna Ealey, NAMI SJC
 Michael Fields, Wellness Center
 Christina Fugazi, Councilmember District 5
 Justin Schrottenboer, Valley Mountain Regional Center
 Patricia Moreno

MINUTES

I. CALL TO ORDER

The Behavioral Health Board meeting was convened on Wednesday, January 16, 2019 at Behavioral Health Services located at 1212 N. California Street, Conference Room B, Stockton, CA. Chairperson Joseph Dittmann called the meeting to order at 5:00 P.M. and led the pledge of allegiance.

II. ROLL CALL

Roll call was taken by the Board Secretary. A quorum was in attendance at this meeting.

III. INTRODUCTIONS

Chairperson Joseph Dittman led self-introductions among board members and the public audience present at the meeting.

IV. APPROVAL OF MINUTES

Supervisor Villapudua made a motion to approve the December minutes, and was seconded by Tasso Kandris. Motion was approved 9-0.

V. PUBLIC COMMENT

A. No public comment.

VI. NEW BUSINESS

A. Nomination Committee for 2019 Chair and Vice Chair

- The Nomination Committee report was given by Cary Martin. The committee consisted of Board members Supervisor Villapudua, Jeff Giampetro, and Patricia Barrett.
- The committee nominated Tasso Kandris as Chair, and Patricia Barrett as Vice Chair.
- The floor was opened to nominations, and Joe Dittmann was nominated by Lori Hansen.
- Cynthia Thomlison, Jeff Giampetro, and Board Secretary Isabel Espinosa counted votes.
- The board selected Tasso Kandris as Chair, and Patricia Barrett as Vice Chair.
- Supervisor Villapudua thanked Joe for his service.
- Tasso conducted the remaining portion of the meeting

VII. DIRECTOR'S REPORT

A. Director's report was given by Assistant Behavioral Health Director *Frances Hutchins*.

- Telecare and Turning Point have been awarded RFP's for both Adult and Adult Justice Programs.
- An RFP was opened for School based FSP. 3 agencies expressed their interest.
- No Place Like Home RFP for Housing partnership deadline was 01/16/19.
- Forensics has RFP's open for Criminal Justice, and Drug Medical Organized Delivery System.
- There is a grant currently being pursued with the State Hospital to assist with those incompetent to stand trial. Another grant being pursued with the California Health Facility for housing.
- Quality and Performance Improvement (QAPI) and Cultural Competency Work Plans are due to the state this month. The goal is to improve timeliness, access, quality, and outcomes. No shows are being tracked. Looking into offering different appointment reminders, and alternate office hours.
- Medication Compliance Performance Improvement Plan is developing strategies to help non-complaint consumers remember to take their medications.

VIII. PRESENTATION

A. History and Mission of the Power 'n Support Team – *Walter Clay and Curtis Johnson (see Appendix A)*

- Introduction of team given by *Michael Fields*, Wellness Center.
- Group was started in 2005 as a way for consumers to learn how to advocate for themselves.

- Mission: to empower, educate, and inform those facing the challenges of living with a mental illness, that they are not alone and that through advocacy and leadership, they are able to bring awareness to the community in a positive way.
- Vision: to fight the stigma through teaching self-belief and advocacy skills to those facing the challenges of mental illness throughout San Joaquin County. We 'believe and achieve' that recovery is possible and taking back our power, gives us hope for a better future.
- The Power 'n Support team is currently advocating for a cross walk on California Street for the consumers and students in the neighborhood.
- Power 'n Support team will be having a march on January 25, 2019 at 11 am. And invited the board to attend and show their support.
- Team Meetings are held every Friday from 11 A.M. to 12 P.M. at the Wellness Center.

B. Suicide Prevention Overview – *Cassie Lowe, MA, AMFT, Clinical Director of Child Abuse Prevention Council*

- Introduction of presentation given by *Frances Hutchins, Assistant Behavioral Health Director*
- Program has been contracted with BHS since 2015, and has been open since the 70s.
- Goal is to bring awareness and education to help reduce the stigma of help seeking behaviors.
- Suicide is the 2nd leading cause of death for ages 15-24.
- Through the Yellow Ribbon campaign 8,000 students have been reached FY 18/19, and 21,000 in total since 2015. More than 80% of participants feel they are better equipped to respond after attending training.
- The Safe Talk program provides extended training for peer mentors, and staff on campus.
- Walk for life is an annual event held to raise awareness of Suicide Prevention. Next walk is scheduled for September which is Suicide Awareness month.

IX. OLD BUSINESS

- A. No report

X. COMMITTEE REPORTS

- A. Executive Committee: No report.
- B. Legislative Committee: Daphne's report given by Joe Dittmann. (See appendix A)
- C. Housing Committee: No report
- D. Grievance Committee: No report.
- E. Substance Use Disorder Committee: No report.
- F. Children's Committee: No report.

XI. REMINDERS

- A. The next Behavioral Health Board meeting will be February 20, 2019 at 5:00 P.M., in BHS Conference Room B. For information, please contact Isabel Espinosa at 209-468-8750 or via e-mail at iespinosa@sjcbhs.org

IX. ADJOURN TO WEDNESDAY February 20, 2019 AT 5:00 P.M

APPENDIX A

LEGISLATION REPORT – JANUARY 2019

SB 66 Atkins

Will allow billing for a medical provider and mental health specialist on the same day for Medi Cal recipients seen in a community health center.

SB 10 Beall

Peer provider certification

SB 11 Beall

Mental Health Parity

SB 12 Beall

Direct the legislature to establish at least 100 youth drop in centers and allocate funding to establish the centers.

AB 8 Chu

Requires there be at least one mental health professional on each K-12 campus.



ISSUES & CONCERNS

Curtis Johnson

*Power and Support Co-Chair and
Planner*

- *Peer recovery coach Intern for
the Wellness Center*
- *Wellness Center member for four*

ISSUES & CONCERNS CONT.

The safety concerns of consumers crossing N. California St., in the vicinity of San Joaquin County Behavioral Health Services are evident in the near miss collisions and/or traffic accidents that have occurred.

Stockton Unified School District has a school located less than a block west of BHS on Vine Street and another located at the California State University, Stanislaus Campus. Student safety is at risk when crossing California St. from their schools.

**Power n' Support
March for a Crosswalk
2018**

PERSONAL TESTIMONIES

Lelani Luia

*Power & Support Team member
since June 2013*

- *Advisor*
- *Peer Recovery Coach*
- *Certified WRAP Facilitator*
- *Outreach Coordinator*

COLLABORATIVE WORK GROUP

The Power & Support Team would like to see BHHS more involved in the effort that the Power & Support Team is working on regarding safety measures of "OUR" consumers.

We would like to invite all interested CBO's, agencies, SUSD, City of Stockton and other service providers to join us in working together to make the crosswalk a reality for our consumers accessing services in the California Street vicinity.

POWER & SUPPORT TEAM MEETINGS

- Location: The Wellness Center
1000 N. California Street
Stockton, CA 95204
(509) 431-0007
- Dates: February — 11am-1pm — 11am-1pm
(Quarterly group meeting)

Questions? Please call
Brielle at CHHS

Questions/comments



ACKNOWLEDGMENTS

- Power & Support team members
- Peer Recovery Services — The Wellness Center of San Joaquin County